LipoDissolve FAQ's

What is LipoDissolve?
LipoDissolve is a non-surgical procedure of injecting a combination of homeopathic agents and FDA approved medications directly into the fat to cause the fat cells to breakdown. LipoDissolve is an alternative to liposuction for treating problem areas of fat that won't go away with diet and exercise.

What medications are used?
The main ingredient is Phosphatidylcholine, which is actually what causes the fat cell to breakdown. Vitamin B complex is added to help support the livers breakdown process of the fat. These two ingredients are homeopathic ingredients. The only prescription medication used in LipoDissolve is something called Trental, which is FDA approved for poor circulation and is used in LipoDissolve to help the fat cells breakdown quicker. These ingredients are all mixed with saline.

How does LipoDissolve work?
The medications used in the Lipodissolve causes the break down of the fat cell wall. This allows the fat that is being stored in the cell to get released, and is taken by the lymphatic system to the liver where it is metabolized and excreted out in the urine.

How is LipoDissolve different from Mesotherapy?
LipoDissolve differs from Mesotherapy in how deep the injections are placed, how much of the solution is injected, and the intervals between treatments. In Mesotherapy, the medications are put into the skin in small amounts and in LipoDissolve, the medications are put deeper into the fat pockets and more medication is used. The main difference between the two procedures is that with LipoDissolve, results are more certain with each treatment and fewer treatments are needed than with Mesotherapy.

Who cannot have LipoDissolve?
Patients that are pregnant, breast-feeding, have cancer or has had chemo or radiation within 6 months for cancer, have AIDS, are allergic to soy, are diabetic on insulin, have poorly controlled hypertension, or who are on blood-thinners are not candidates for Lipodissolve.

What type of results is expected?
LipoDissolve averages about 1 inch of fat loss for each 100cc of the medications used. This average takes in to account patients that lose 2 inches, but also patients that lose 3 or 4 inches with the treatment. This variability is due to individual responses to the medications as well as the type of fat that is being treated. Soft fat works very well with LipoDissolve. Fibrous fat is more difficult to treat with LipoDissolve (as it is with liposuction) because more of the fat cells will weaken instead of completely bursting and therefore will need additional treatments and/or will need to combine with aftercare procedures such as endermology to optimize the results of each Lipodissolve treatment. It's not a question of whether LipoDissolve will work, but rather how many treatments it will take to attain a goal in reduction.

Is it safe?
LipoDissolve has been available and safely performed in Europe since 2002 and over 18000 procedures have been done worldwide. The main ingredient used to cause the fat cells to burst is actually not a synthetic medication, but rather a natural homeopathic ingredient, which has been used intravenously in Europe over 30 years to treat plaques in blood vessels with extensive research showing safety. In LipoDissolve, this same medication is just being used for a new purpose.

Does it hurt?
A machine is used that blows cold air on the skin to numb the area. LipoDissolve is done with very small needles and most people are able to tolerate the procedure without any difficulty.

What are the side effects?
The main side effects are bruising, swelling, and soreness, which peak at about 48 hours and then resolve by 10-14 days. LipoDissolve is a no downtime procedure.

How many treatments will it take?
Generally, the average patient requires approximately 1-3 treatments for treating fat with the goal of losing AT LEAST 1 inch.
How much of an area can be done in a session?
In LipoDissolve, 100cc of the medications is the safe dose that a person can get at any one time. The injections are spaced about a half inch apart and a 1/2cc is injected. If the total 100cc is used, its 200 injections and how much of an area that can be treated depends on how much fat has to be treated.

How soon will I see results?
Results vary depending on your body type and the condition being treated. On average, clients start noticing visible improvement from any particular treatment session about 4-7 weeks after that treatment. However, in some patients, it is not unusual to see the end result 12 weeks after the treatment.

Does LipoDissolve work for everyone?
Although LipoDissolve works for everyone in that there is fat loss, how well it works for any particular individual depends on how well the medications used in LipoDissolve works on that person. LipoDissolve is a treatment for spot fat loss and not a treatment for weight loss, or obesity.

What do I need to do after the treatment?
Specific instructions will be given to clients after the consultation, but an exercise program is essential for optimal results. In addition proper nutrition is necessary to maintain the results.

How long do the results last?
The results from LipoDissolve will last permanently in the area treated. When fat cells are dissolved, they will no longer be in that area. However, new fat cells can be generated in the area treated and in other areas if a client adopts unhealthy lifestyle habits, such as poor eating and lack of exercise.

How is LipoDissolve different from surgical procedures such as liposuction?
LipoDissolve is a non-surgical procedure and so involves no risk from general anesthesia and no risk of surgical complications. LipoDissolve requires no recovery time and you can continue your daily activities without taking any time off.